

# Spiritually Speaking

## *The Path to awareness* CELESTINE PROPHECY INSIGHTS

- 1.The awareness begins with a feeling of restlessness - an inner urging to find more meaning in life. As we respond to this inner prompting we begin to notice the "chance coincidences" - strange synchronistic events in our life. We begin to realize that some underlying process is operating our life.
- 2.We take a look at the evolution of consciousness (thought) of humankind, and we begin to see everything in a larger prospective. We become conscious of our preoccupation with the material world and begin to seek a deeper meaning and purpose to our lives.
- 3.We begin to see our connectedness. We become aware of the subtle energy that infuses all things and the relationship we have with that energy. By consciously becoming co-creators and choosing what we think we can have a positive effect on our world.
- 4.We unconsciously compete for energy from other people and this competition underlies all conflicts. As we begin to become aware of these power struggles, we learn that there is, in Reality, no lack of energy - there is another Greater Source of endless energy.
- 5.The key to overcoming conflict is tapping into the Greater Source through the mystical experience. In this experience we sense our connectedness and oneness with everything. This experience is available to everyone, as we allow ourselves to be filled with a sense of love.
- 6.Childhood traumas block our ability to fully experience the mystical. All of us carry wounding and false messages from our past. As we get in touch with our own personal control issues we can begin healing the blocks of our past and transcending them.
- 7.Once cleared of our past traumas, we can build energy through contemplation and meditation. As we focus on our basic life question, we receive the guidance we need through intuition, dreams, and synchronistic connections that guide us in the direction of our own evolution and transformation.
- 8.Evolution can't be done alone, so practice uplifting those who cross your path. We are here to support and teach each other. Release addictive relationships, and integrate and embrace all parts of yourself, so that you become a whole person.
- 9.Our purpose here is to evolve consciously. As our planet evolves through greater technology we are freed up to spend more time to evolve spiritually. As we spend more time connecting with our Higher Source we experience a higher vibratory energy which nurtures ourselves, each other, and our planet. We eventually connect with God's energy in such a way that we become beings of light and the kingdom of heaven is manifested here on earth.

**James Redfield, from the book "The Celestine Prophecy"**

*When you change the way you look at things,  
The things you look at change!*

### MEDITATION CLASSES

Guided group meditation classes, Every other  
Thursday night 7:30pm to 8:30 pm  
Please Call- Patricia 407-366-9812 or 407- 792-9227



### **Zodiac**

### **SCORPIO**

**October 24 - November 22**

Passionate, intense, intuitive, magnetic, jealous, compulsive

Mysterious, Scorpios are deep-thinking, private, Intense, very sexual, and always a step removed from the world. They are driven workers and achievers with the ability to overcome enormously challenging obstacles. They also value their intimate relationships and their friendships quite highly and work hard to encourage the best in those they love.



*Art Work by Patricia*